Residential Care

Glenara Lakes Youngtown

Feel right at home.

Southern Cross Care (Tasmania) Inc.

scctas.org.au

Welcome to
Glenara Lakes

Glenara Lakes Residential Care is located within the Glenara Lakes Lifestyle Village which adds to the vibrancy of this caring community.

Enjoying expansive rural views and spacious grounds, Glenara Lakes residential care is welcoming and warm, with many opportunities for social activities.

Food

Dining at Glenara Lakes is varied and inclusive of all cultural, dietary and lifestyle requirements.

We offer a daily choice of menu options across three set mealtimes, as well as morning, afternoon tea and supper.

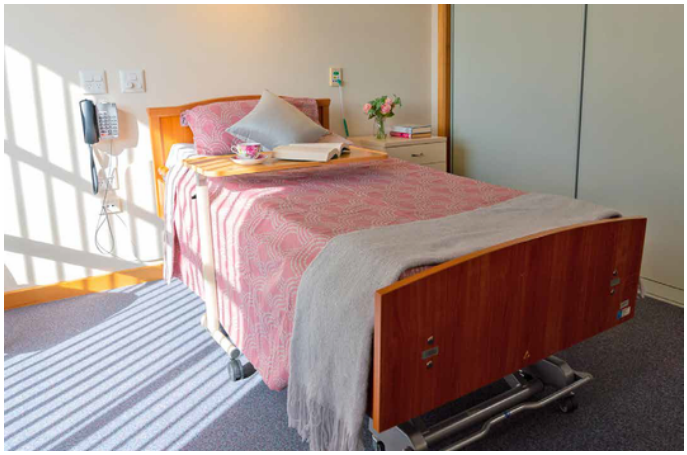
At any time during the day our residents have access to hot and cold beverages fruit and lighter snacks.

- Breakfast – Continental (cereals, porridge, fruit, toast) buffet breakfast, + one hot option daily
- Morning Tea – Fresh baked items or biscuits
- Lunch – Two-course sitting with two main course options
- Afternoon Tea – Fresh baked items or biscuits
- Dinner – Two-course sitting with one hot option + salads, sandwiches
- Supper – Fresh-cut sandwiches or biscuits

All meal options are prepared by chefs with extensive experience and a passion for creating wholesome cuisine from local ingredients, where nutrition and presentation are both paramount.

KEY FEATURES & ADDITIONAL SERVICES

- Dining room with mountain views and access to fragrant garden
- Lounge with fireplace and garden access
- Swimming pool
- Well managed library
- Nutritious, fresh seasonal menus
- Multi-denominational Chapel
- Café
- Bus to take residents shopping and on outings
- Hairdresser
- Pastoral care support
- Nursing staff 24/7
- Allied health services e.g., physiotherapy and podiatry
- Memory Support Unit



Activities & Lifestyle

Glenara Lakes is known for its warm, welcoming atmosphere and truly personalised approach to care. Whether it's joining in the fun and laughter with group activities, or soaking up the sunshine, there are plenty of options for residents to do the things they enjoy.

From scenic drives through the countryside, shopping trips or picnics in the park, there's always an activity to join if you choose to do so.

Our Leisure & Lifestyle Officers love what they do, and it shows. They provide meaningful occupations and activities as an option to all our residents to engage.

These can vary in frequency and type and are inspired by an individual's preferences or social interests. Engagement is proven to positively flourish an individual's health and wellbeing is a crucial element in our person-centred care model.

Respite Care

Short stays are a great solution for individuals seeking support following post-operative or hospital care, or whilst their regular caregiver takes a break.

Respite care can also be used as a way of introducing long term care to a loved one. Many of our beloved residents were introduced to us for two weeks respite care and loved it so much they decided to stay!

Accommodation

16 Standard rooms

62 Superior rooms

12 Premium rooms

Your room is your own private space, so you can decorate it with your favourite pictures and ornaments.

Standard

These rooms are located in a dedicated accommodation wing providing secure accommodation for people living with dementia.

- Rooms are 17m^2 and include a private ensuite
- Several sitting rooms and main sitting room
- Large secured garden courtyard
- All rooms have a garden outlook

Superior

These rooms range in size from 13.6-18.5m^2 and include a private ensuite.

- Direct garden access
- Garden views
- Some have river views
- Easy access to small sitting rooms with tea making facilities
- Main lounge with unsurpassed river views

Premium

These spacious rooms are 23m^2 and include a private ensuite.

- Personally controlled heating and cooling
- Personal kitchenette in room
- Easy access to small sitting rooms
- Level access to gardens and courtyards

Feel right at home.

Southern Cross Care Tasmania is proud of our track record of over 50 years as a leading provider of aged care accommodation and services in Tasmania.

We are a wholly Tasmanian, not for profit business employing over 1100 staff who provide care, support and compassion to those in need.

In the Spirit of Christ and in the tradition of the Catholic faith we value integrity, respect and compassion, and our range of services are designed to make you feel right at home.

Fees & Pricing

The cost of residential aged care can vary depending on your individual financial circumstances and the services you receive.

Residents will be asked to contribute towards their everyday living costs through a Basic Daily Fee, which helps cover meals, cleaning, laundry and other day-to-day services.

Depending on an assessment by Services Australia, some residents may also be required to pay a Means Tested Fee (or other government-assessed contribution) based on their income and assets.

Residents may also be required to pay for their accommodation. This can be paid as a Refundable Accommodation Deposit (RAD), a Daily Accommodation Payment (DAP), or a combination of both. Current room prices can be found on our website.

Our team can provide information about the fees that may apply and assist you in understanding the government assessment process and available payment options.

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