Residential Care

Guilford Young Grove Sandy Bay



Feel right at home.

Southern Cross Care (Tasmania) Inc.

scctas.org.au

Welcome to Guilford Young Grove

Nestled in the heart of Sandy Bay, this residential care boasts uninterrupted views of the River Derwent, providing an ever-changing backdrop for residents to enjoy.

Guilford Young Grove combines personalised care with a warm, community-focused environment. Residents enjoy bright, comfortable surroundings and spectacular views stretching across the gardens, river and city.



Food

Dining at Guilford Young Grove is varied and inclusive of all cultural, dietary and lifestyle requirements.

We offer a daily choice of menu options across three set mealtimes, as well as morning, afternoon tea and supper.

At any time during the day our residents have access to hot and cold beverages fruit and lighter snacks.

- Breakfast – Continental (cereals, porridge, fruit, toast) buffet breakfast + one hot option daily
- Morning Tea – Fresh baked items or biscuits
- Lunch – Two-course sitting with two main course options
- Afternoon Tea – Fresh baked items or biscuits
- Dinner – Two-course sitting with one hot option + salads, sandwiches
- Supper – Fresh-cut sandwiches or biscuits

All meal options are prepared by chefs with extensive experience and a passion for creating wholesome cuisine from local ingredients, where nutrition and presentation are both paramount.

KEY FEATURES & ADDITIONAL SERVICES

- Small and large lounge areas with stunning water views
- Outdoor courtyard and landscaped gardens
- Wellness Centre
- Fully stocked library
- Large well-equipped activity room
- Nutritious, fresh seasonal menus
- Multi-denominational Chapel
- Tranquillity garden
- Couples with differing care needs are accommodated
- Visiting hairdresser
- Shopping trolley
- Pastoral care support
- Nursing staff 24/7
- Allied health services e.g., podiatry and phyisotherapy



Activities & Lifestyle

Guilford Young Grove is known for its warm, welcoming atmosphere and truly personalised approach to care. Whether it's joining in the fun and laughter with group activities, or soaking up the sunshine, there are plenty of options for residents to do the things they enjoy.

From scenic drives through the countryside, shopping trips or picnics in the park, there's always an activity to join if you choose to do so.

Our Leisure & Lifestyle Officers love what they do, and it shows. They provide meaningful occupations and activities as an option to all our residents to engage.

These can vary in frequency and type and are inspired by an individual's preferences or social interests. Engagement is proven to positively flourish an individual's health and wellbeing is a crucial element in our person-centred care model.

Respite Care

Respite care is a short-stay solution that can be planned ahead, or in the case of an emergency, last-minute or unplanned. Short stays are a great solution for individuals seeking support following post-operative or hospital care, or whilst their regular caregiver takes a break.

Respite care can also be used as a way of introducing long term care to a loved one. Many of our beloved residents were introduced to us for two weeks respite care and loved it so much they decided to stay!



Accommodation

7 Standard rooms

33 Superior rooms

1 Premium rooms

2 Deluxe rooms

Your room is your own private space, so you can decorate it with your favourite pictures and ornaments.

Standard

These comfortable rooms are 10.8m^2 and include a private ensuite.

- Easy access to the garden
- Easy acess to small sitting rooms with tea making facilities
- Main lounge with uninterrupted river views

Superior

These comfortable rooms are 13.6-18.5m^2 and include a private ensuite.

- Direct access to garden
- Easy acess to small sitting rooms with tea making facilities
- Main lounge with uninterrupted river views
- Garden or river views

Premium

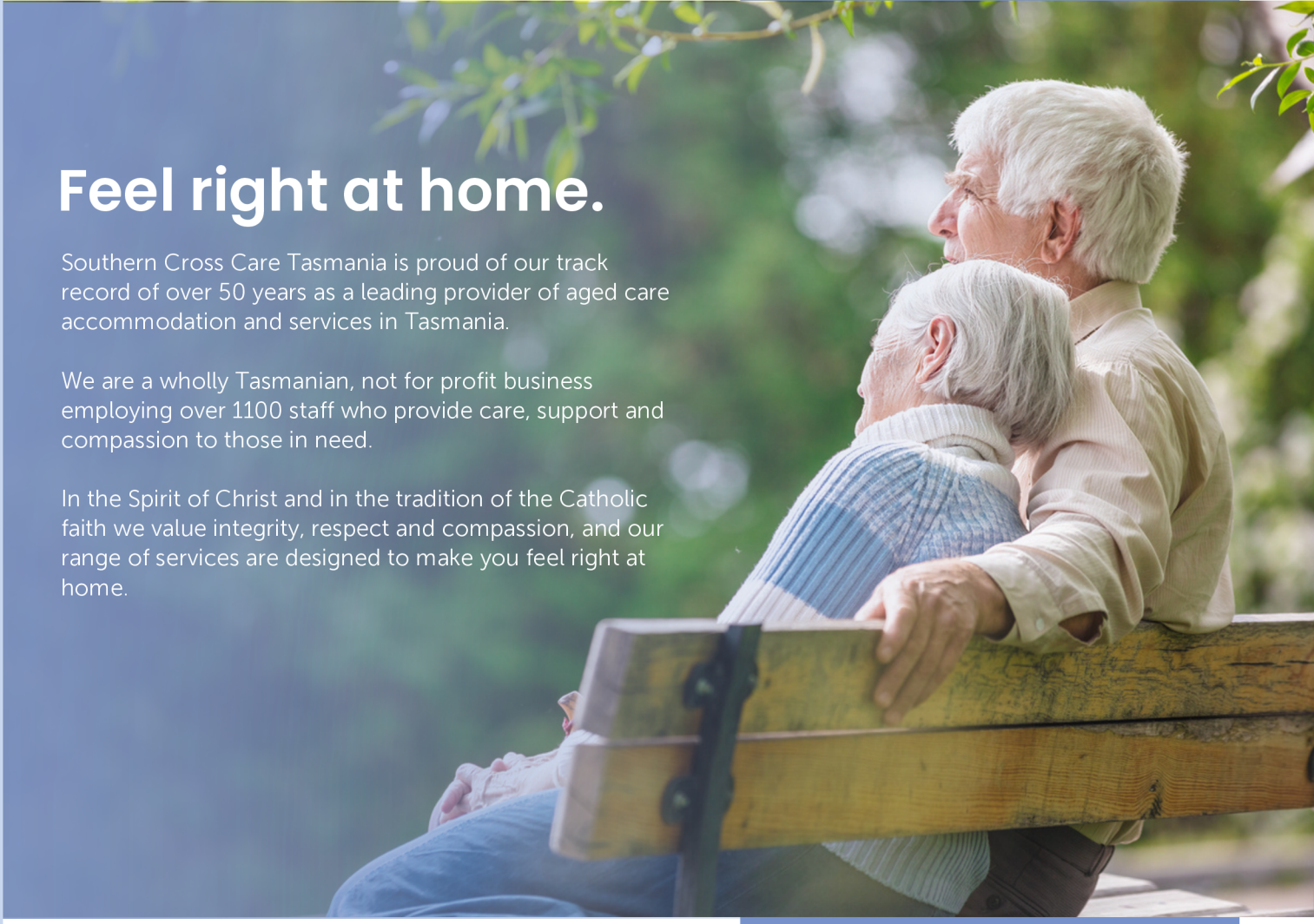
These larger rooms are 21m^2 and include a private ensuite.

- Private garden access
- Main lounge with uninterrupted river views

Deluxe

These comfortable rooms are 21-25m^2 and include a private ensuite.

- External door to garden
- Private kitchenette
- Separate lounge area
- Main lounge with uninterrupted river views



Feel right at home.

Southern Cross Care Tasmania is proud of our track record of over 50 years as a leading provider of aged care accommodation and services in Tasmania.

We are a wholly Tasmanian, not for profit business employing over 1100 staff who provide care, support and compassion to those in need.

In the Spirit of Christ and in the tradition of the Catholic faith we value integrity, respect and compassion, and our range of services are designed to make you feel right at home.

Fees & Pricing

The cost of residential aged care can vary depending on your individual financial circumstances and the services you receive.

Residents will be asked to contribute towards their everyday living costs through a Basic Daily Fee, which helps cover meals, cleaning, laundry and other day-to-day services.

Depending on an assessment by Services Australia, some residents may also be required to pay a Means Tested Fee (or other government-assessed contribution) based on their income and assets.

Residents may also be required to pay for their accommodation. This can be paid as a Refundable Accommodation Deposit (RAD), a Daily Accommodation Payment (DAP), or a combination of both. Current room prices can be found on our website.

Our team can provide information about the fees that may apply and assist you in understanding the government assessment process and available payment options.

Guilford Young Grove
Sandy Bay

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