



Residential  
Care

# Rivulet South Hobart



Feel right at home.



Southern Cross Care  
(Tasmania) Inc.

# Welcome to Rivulet

**This modern Residential Aged Care Facility embraces fringe city living and is situated at South Hobart, a short stroll from the Hobart CBD**

Rivulet is aptly named due to the iconic Cascade River running past the home, providing a wonderful natural ambience for residence to enjoy. Coupled with a stunning mountain view, Rivulet is arguably Hobart's most iconic residential home, consisting of 3 main buildings, The Lodge, The Manor and The Court.



## Food

Dining at Rivulet is varied and inclusive of all cultural, dietary and lifestyle requirements. We offer a choice of menu options\* across three set mealtimes, as well as morning, afternoon tea and supper. At any time during the day our residents have access to hot and cold beverages fruit and lighter snacks.

- Breakfast – Continental (cereals, porridge, fruit, toast) buffet breakfast, plus one hot option daily\*.
- Morning & Afternoon Tea – Fresh baked items or biscuits at each
- Lunch – Two-course sitting with two main course options\*
- Dinner – Two-course sitting with one hot option + Salads, sandwiches
- Supper – Fresh-cut sandwiches or biscuits

All meal options are prepared by chefs\* with extensive experience and a passion for creating wholesome cuisine from local ingredients, where nutrition and presentation are both paramount.



## KEY FEATURES AND ADDITIONAL SERVICES

Allied health services such as podiatry\* and physiotherapy

Respite rooms

Spacious ensuite rooms many with large balconies overlooking the Cascade River

Well stocked library

Close to shops and transport

Hairdresser\*

Multi denominational Chapel

Nutritious, fresh seasonal menus

Dedicated Montessori Memory Support Unit

Games and craft rooms

Regular wellness/ exercise sessions

Pastoral care support\*

Nursing staff 24/7

\*These services are included in our Star Service offering and attract a daily fee.



## Activities and Lifestyle

Rivulet is known for its warm, welcoming atmosphere and truly personalised approach to care. Whether it's joining in the fun and laughter with group activities, or soaking up the sunshine, there are plenty of options for residents to do the things they enjoy.

From scenic drives through the countryside, shopping trips or picnics in the park\*, there's always an activity to join if you choose to do so. Our Leisure & Lifestyle Officers love what they do, and it shows. They provide meaningful occupations and activities as an option to all our residents to engage.

These can vary in frequency and type and are inspired by an individual's preferences or social interests.

Engagement is proven to positively flourish an individual's health and wellbeing is a crucial element in our person-centred care model.

## Respite Care

Short stays are a great solution for individuals seeking support following post-operative or hospital care, or whilst their regular caregiver takes a break. Respite care can also be used as a way of introducing long term care to a loved one. Many of our beloved residents were introduced to us for two weeks respite care and loved it so much they decided to stay!



## Accommodation

16 Standard rooms

23 Superior rooms

80 Premium rooms

Your room is your own private space, so you can decorate it with your favourite pictures and ornaments.

### Standard

A light and airy 18m<sup>2</sup> private room with ensuite bathroom. These rooms have access to a patio and feature:

- High quality furnishings including an adjustable bed
- Wardrobe
- Drawers for storage
- Soft furnishings like curtains and bedding

### Superior

Opening to a private balcony to sit out in a fresh air and soak in the leafy views, these delightfully appointed 18m<sup>2</sup> private ensuited rooms feature:

- High quality furnishings including an adjustable bed
- Wardrobe
- Drawers for storage
- Soft furnishings like curtains and bedding

### Premium

These rooms offer a light and spacious 22-26m<sup>2</sup> of living space, delightful view, with a shared or private balcony and most have a kitchenette. Features include:

- Excellent views over the garden or the rivulet.
- Most have a private kitchenette.
- Plenty of space for you to bring your own extra furnishings, like coffee table and chair.

# Feel right at home.

Southern Cross Care Tasmania is proud of our track record of over 50 years as a leading provider of aged care accommodation and services in Tasmania. We are a wholly Tasmanian, not for profit business employing over 1100 staff who provide care, support and compassion to those in need.

In the Spirit of Christ and in the tradition of the Catholic faith we value integrity, respect and compassion, and our range of services are designed to make you feel right at home.

## Basic Daily Care Fee

The Basic Daily Care Fee covers your day-to-day living costs in residential aged care such as standard meals, cleaning, and laundry, heating and cooling.

The Basic Daily Care Fee is set by the Federal Government, is the same in every residential facility and is calculated as 85% of the single person rate of the basic age pension. It is indexed with the age pension (it increases when the aged pension increases) and is adjusted every March and September.

## Additional Services

Southern Cross Care provides additional services for a small daily fee on top of the Basic Daily Care Fee, to support our residents' lifestyle and wellbeing. Depending on the location, these additional services may include recreational activities, greater choice of meals, entertainment, outings, and other options tailored to personal preferences.

## Rivulet South Hobart

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