



Residential
Care

Sandown Apartments Sandy Bay



Feel right at home.



Southern Cross Care
(Tasmania) Inc.

Welcome to Sandown Apartments

Part of Sandown Lifestyle Village, Sandown Residential Care is located in Sandy Bay, just 5 minutes from the Hobart CBD

This premier location is a short walk to a thriving shopping centre with access to a variety of restaurants and the beautiful beaches of lower Sandy Bay. Set in a village atmosphere, this facility has several green spaces and private lounge areas to enjoy and entertain family and friends. Sandown boasts spacious light filled shared living and dining areas and a wonderful sense of community.



Food

Dining at Sandown Apartments is varied and inclusive of all cultural, dietary and lifestyle requirements. We offer a daily choice of menu options across three set mealtimes, as well as morning, afternoon tea and supper. At any time during the day our residents have access to hot and cold beverages fruit and lighter snacks.

- Breakfast – Continental (cereals, porridge, fruit, toast) buffet breakfast, plus one hot option daily.
- Morning & Afternoon Tea – Fresh baked items or biscuits at each
- Lunch – Two-course sitting with two main course options*
- Dinner – Two-course sitting with one hot option + Salads, sandwiches
- Supper – Fresh-cut sandwiches or biscuits

All meal options are prepared by chefs with extensive experience and a passion for creating wholesome cuisine from local ingredients, where nutrition and presentation are both paramount.



KEY FEATURES AND ADDITIONAL SERVICES

Elegant main dining room

Wellness Centre

Swimming pool & spa

Allied health services such as physiotherapy and podiatry

Generously proportioned rooms

Respite rooms

Comfortable sitting rooms

Well-stocked and managed library

Private dining room

Kiosk trolley

Internet café

Multi-denominational Chapel

Pastoral care support

Visiting hairdresser and beautician

Nutritious, fresh seasonal menus

Nursing staff 24/7



Activities and Lifestyle

Sandown Apartments is known for its warm, welcoming atmosphere and truly personalised approach to care. Whether it's joining in the fun and laughter with group activities, or soaking up the sunshine, there are plenty of options for residents to do the things they enjoy.

From scenic drives through the countryside, shopping trips or picnics in the park, there's always an activity to join if you choose to do so. Our Leisure & Lifestyle Officers love what they do, and it shows. They provide meaningful occupations and activities as an option to all our residents to engage.

These can vary in frequency and type and are inspired by an individual's preferences or social interests.

Engagement is proven to positively flourish an individual's health and wellbeing is a crucial element in our person-centred care model.

Respite Care

Respite care is a short-stay solution that can be planned ahead, or in the case of an emergency, last-minute or unplanned. Short stays are a great solution for individuals seeking support following post-operative or hospital care, or whilst their regular caregiver takes a break. Respite care can also be used as a way of introducing long term care to a loved one. Many of our beloved residents were introduced to us for two weeks respite care and loved it so much they decided to stay!



Accommodation

2 Standard rooms

32 Superior rooms

20 Premium rooms

15 Deluxe rooms

Your room is your own private space, so you can decorate it with your favourite pictures and ornaments.

Standard

These very comfortable rooms are between 21-26m² and all have a private ensuite.

- Close to small sitting room
- Personal tea making facilities
- Good storage space.

Superior

These very comfortable rooms are between 21-26m² plus a private ensuite.

- Close to small sitting room
- Personal tea making facilities
- Good storage space.
- View over the local neighbourhood or gardens.

Premium

These very comfortable rooms are between 21-26m² plus a private ensuite.

- Close to small sitting room
- Personal tea making facilities
- Good storage space.
- View over the local neighbourhood or gardens.
- Personal access to garden courtyard.

Deluxe

These very comfortable rooms are 21m² plus a private ensuite.

- Magnificent Derwent River views
- Sunny aspect
- Close to small sitting room
- Personal tea making facilities
- Good storage space.

Feel right at home.

Southern Cross Care Tasmania is proud of our track record of over 50 years as a leading provider of aged care accommodation and services in Tasmania. We are a wholly Tasmanian, not for profit business employing over 1100 staff who provide care, support and compassion to those in need.

In the Spirit of Christ and in the tradition of the Catholic faith we value integrity, respect and compassion, and our range of services are designed to make you feel right at home.

Basic Daily Care Fee

The Basic Daily Care Fee covers your day-to-day living costs in residential aged care such as standard meals, cleaning, and laundry, heating and cooling.

The Basic Daily Care Fee is set by the Federal Government, is the same in every residential facility and is calculated as 85% of the single person rate of the basic age pension. It is indexed with the age pension (it increases when the aged pension increases) and is adjusted every March and September.

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