

JUN 2026

Aligning the Stars



Southern Cross Care
(Tasmania) Inc.



Lest We Forget
pg 6

Heartwarmers
pg 11



Update from the CEO

Kelly Malmre

Front cover image:

Board members and residents honour Rosary Gardens at special recognition event.

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Southern Cross Care acknowledges the Tasmanian Aboriginal Community as the traditional owners and continuing custodians of lutruwita (Tasmania) and pay our Respect to Elders past and present.

Hello, everyone

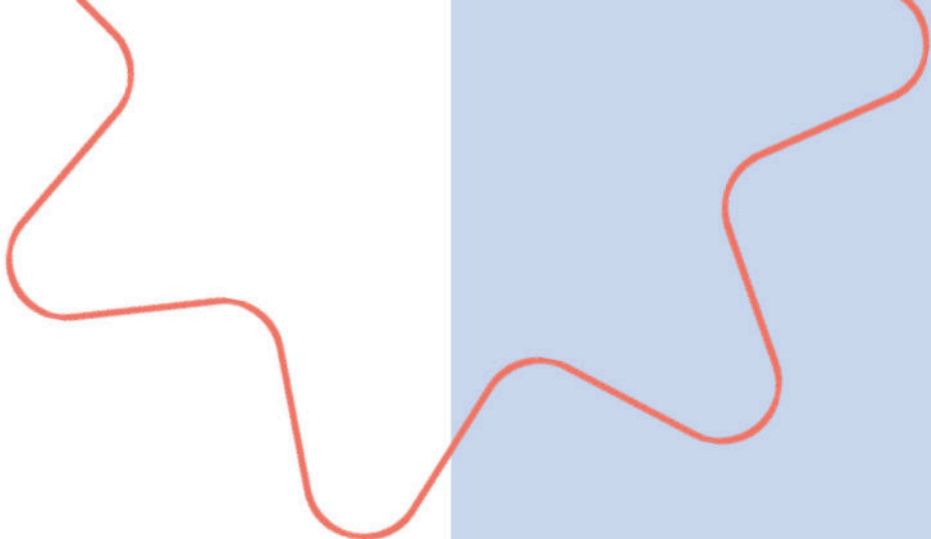
It's hard to believe we're almost halfway through 2026, though it's a great time to look back at what we've achieved over the past season, and for me to share a clear view of what lies ahead.

Connections: listening across our communities

I've recently spent time visiting our Residential Aged Care Facilities and Lifestyle Villages in the north of the state. What stood out most to me was the pride within each community and the dedication to delivering consistent, person-centred care. The honesty of conversations and focus on residents and clients reinforced how important it is that decisions at a senior level stay grounded in what's happening across our services.

Conclusions: honouring Rosary Gardens

In April, we formally closed Rosary Gardens, marking the end of a deeply meaningful chapter in our history. For us, it was more than a facility; it was a home and community built on compassion and commitment over many years. On 13 May, our board, leadership, staff, residents and friends gathered together for a commemorative event recognising that legacy, and it was humbling to hear the heartfelt reflections of the many that attended. The contributions of everyone who helped shape Rosary Gardens into the remarkable community it became will always be remembered.



Collaborations: working together for the future

We are continuing to progress plans to relocate our State Administration Office with a focus on a smooth and supporting transition for all teams. Our work in the registration renewal space also remains a key priority and reinforces our shared commitment to quality care. At the same time, we're entering the final stages of shaping our budget for the next financial year within a challenging environment. This work reflects our collective effort to balance sustainability, service quality and workforce needs, with a continued focus on stability, responsible decision-making and setting a clear, achievable path forward.

The progress we're making directly reflects the dedication and professionalism of our people. Thank you to our staff, residents, clients and partners for the role each of you plays in shaping a strong and sustainable future for our organisation.

Upcoming events

June

- 8 King's Birthday
- 15 World Elder Abuse Awareness Day
- 24-30 World Wellbeing Week
- 24 St John's Day

July

- 20 International Chess Day
- 24 International Self-Care Day

August

- 7 Aged Care Employee Day



Honouring Rosary Gardens

An official gathering was recently held to honour the legacy of Rosary Gardens, bringing together Southern Cross Care Tasmania’s Board, Executive team, management, State Office representatives, staff, residents, friends and family.

The event provided a meaningful opportunity to reflect on the deep connections, care and compassion that defined the facility over many years. Heartfelt addresses paid tribute to the community that had grown within Rosary Gardens and acknowledged the significance of its closure.

SCCT’s leadership extended sincere thanks to all who supported the relocation of residents and the respectful conclusion of operations. Guests shared in a generous buffet and the gathering provided a sense of closure and a fitting celebration of a community whose impact will be long remembered.



At Rivulet, creativity and reflection were at the heart of the day.

Residents crafted origami hearts, shared memories of inspiring women, and came together for a Devonshire tea filled with warmth and reminiscence.

Mum's the Word

Mother's Day at Fairway Rise saw residents enjoy a high tea with their loved ones, sharing conversation and sweet treats in a relaxed, welcoming setting made special with the support of dedicated staff and volunteers.

At Yaraandoo, celebrations spanned several activities. Residents created beautiful floral arrangements ahead of the day, and families then joined for a lively morning tea. A fun raffle added excitement, bringing smiles and celebration across the community.

Across all sites, Mother's Day was a celebration of connection, creativity and the remarkable women in our lives.





Lest We Forget

Anzac Day was respectfully observed across Southern Cross Care Tasmania with communities coming together to honour the sacrifice of those who have served our nation.

At Guilford Young Grove, residents and staff were joined by the Lenah Valley RSL for a moving service of remembrance. A wreath was laid and a commemorative address highlighted the history and significance of the day, offering an opportunity for reflection and gratitude.

At Sandown Apartments, a dignified service led by Reverend Bill brought the community together in quiet reflection.

At Springhaven Lifestyle Village, residents and guests gathered in the gardens for a commemorative service marked by strong community participation, including a choir performance of the National Anthem. The day continued with a shared BBQ lunch and traditional Anzac biscuits, fostering connection alongside remembrance.

At Yaraandoo, residents participated in a thoughtfully led commemoration that emphasised dignity and inclusivity. Led by representatives from the Wynyard RSL, the service included a minute of silence and the Ode of Remembrance.



Easter Fun at Yaraandoo

Easter at Yaraandoo was a joyful celebration filled with laughter and plenty of delicious treats. Residents gathered to enjoy a relaxed afternoon complete with cakes and pastries generously donated by the Crusty Bakery. Live music from Shaune and Wazz set the tone, with residents soaking up the festive atmosphere while an Easter raffle added excitement and some friendly competition.

The celebrations started with a cheerful Easter morning tea including themed refreshments and plenty of chatter. It was a great way to mark the season and strengthen the sense of community that makes Yaraandoo so special.

Adding more sparkle to the festivities were some very special visitors. The Easter Bunny made room visits, surprising residents with treats, smiles and heartfelt moments. As one resident shared, "I didn't expect that today. It made me happy."

Not to be outdone, the Easter Trickster (alias volunteer Dennis) brought laughter and playful mischief, leaving a trail of smiles behind. Together, these moments made Easter at Yaraandoo a truly uplifting and memorable celebration for all.





A Taste of Togetherness

Food has recently been at the heart of connection at Yaraandoo with residents enjoying a range of tasty experiences both in and out of the kitchen.

From a relaxed BBQ luncheon where resident Brian proudly took on grill duties alongside Chef Cam, to a delectable cooking session where residents rolled up their sleeves to make mini doughnuts and experiment with toppings, there has been no shortage of culinary creativity.

Adding to the flavourful fun, a bus outing to the Connect Café in Ulverstone offered residents the chance to savour hot drinks and light refreshments while soaking up a warm, welcoming atmosphere filled with music and laughter, proving that at Yaraandoo, good food is best enjoyed together.



Meanwhile, at Fairway Rise St Andrews Montessori unit, food has taken centre stage as a powerful tool for engagement and independence as residents enjoyed a hands-on “sweet treats” experience creating marshmallow kebabs.

Guided by Montessori principles, residents made their own choices at every step, from threading marshmallows to coating them in a flowing chocolate fountain before decorating them with colourful toppings, turning a simple snack into a rich sensory and social activity.

The experience blended creativity, fine motor skill development and meaningful participation, highlighting how food-focused activities can nurture both wellbeing and a sense of purpose.

At Guilford Young Grove, the joy of food has also been bringing residents together, both within the home and out in the community.

A delicious Italian lunch prepared by Lifestyle staff set the scene for relaxed conversation, while a recent outing to the Claremont Hotel offered residents the chance to dine out, soak in the local atmosphere and create happy memories together.

It's clearer than ever that sharing a meal can foster connection, laughter and a strong sense of community.





Strumming Up Smiles

A lively visit from the Wyn Jammers brought music, movement and plenty of smiles to Yaraandoo as the group shared an upbeat session of ukulele playing, singing and dancing.

Their infectious energy quickly filled the room, creating a joyful atmosphere that residents warmly embraced.

A Really Gneiss Time

Sandown residents enjoyed a rock expo organised by fellow resident Leslie, who recently joined the community and shared his impressive collection of rocks, minerals and shell art.

The showcase sparked curiosity and conversation, with residents appreciating the beauty of the pieces and the stories behind them.

Heartwarmers

From playful paws to heartfelt gestures, recent moments across our homes have brought warmth and connection to residents and staff alike. At Mount Esk, a visit from a litter of adorable kittens was the source of much laughter and joy as residents indulged in cuddles and reminisced about beloved pets.

International Nurses Day at Yaraandoo offered a chance to pause and celebrate the incredible team whose compassion and dedication create a true sense of home each day. With a shared morning tea, thoughtful gifts and plenty of appreciation, staff recognised the vital role nurses play as both carers and companions.

At St Canice, a different kind of comfort continues to make a lasting impact. Handcrafted rugs created by the Knit/Knat Craft Group are gifted to residents transitioning into care, offering not only warmth but also a tangible connection to community and belonging. Each rug, thoughtfully made and personalised, represents love, care and continuity during times of change.

Whether through the gentle purr of a kitten, a moment of gratitude for our nurses, or the embrace of a handmade rug, these small acts remind us of the powerful ways kindness can brighten lives.



World Elder Abuse
Awareness Day
15 June

Join the
conversation
#WEAAD



Stand together.
Speak up.
Show respect.

World Elder Abuse Awareness Day (WEAAD) is an opportunity for all Tasmanians to stand together against the abuse, mistreatment and neglect of older people.

Why it matters

Elder abuse affects people from all walks of life and is more common than many realise. Older people living in rural and regional communities may face additional challenges in accessing support.

What is elder abuse?

Elder abuse can take many forms:

- Financial
- Emotional or psychological
- Physical
- Social
- Neglect

Be aware. Be informed. Be supportive.

WEAAD is a reminder that **elder abuse is everyone's business.**

- Check in with older family members, friends and neighbours
- Listen and take concerns seriously
- Know where to find help

Where to get help

Elder Abuse Tasmania Helpline
1800 441 169

National Elder Abuse Helpline
1800 353 374 (1800 ELDERHelp)

In an emergency, call 000

There are also other options available to you.

Advocacy Tasmania
1800 005 131

Older Person Advocacy Network (OPAN)
1800 700 600



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