



Aligning the Stars



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KELLY MALMRE

CEO Updates

Hello, everyone

As the days become brighter and warmer, it is a wonderful time to reflect on recent moments across Southern Cross Care Tasmania and look to the months ahead.

Place: New State Office

In the previous newsletter, I shared that our State Administration Office would be relocating. As of July, we have officially moved to 40 Molle Street.

While our address has changed, our commitment remains the same: providing the highest standards of nursing, health and aged care, hospitality and wellbeing initiatives across Tasmania.

Progress: New Enterprise Agreement

Following six months of dedicated work, I am pleased to share our new Enterprise Agreement was approved by the Fair Work Commission in August.

This agreement outlines the terms and conditions of employment for Southern Cross Care Tasmania employees and replaces the previous awards.

It includes a 6.5% wage adjustment, comprising a 3% increase from December 2025 and a further 3.5% increase from July 2026.

Front cover image:

Resident from Mount Esk cuddly a baby goat.

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Thank you to everyone who contributed to this process and helped bring the agreement to completion.

Priority: Quality and Safety

A key priority for Southern Cross Care Tasmania is the work underway to renew our registration under the new Aged Care Act.

The changes focus on quality, safety, dignity and the rights of older people. For residents and families, this means continuing to place your needs, choices and wellbeing at the centre of care.

Pathway: Our Future

In late August, with the support of our Board, the Archdiocese of Hobart signed a Deed to transition the membership of Southern Cross Care Tasmania to Calvary Health Care.

Prior to the media announcement, we communicated with staff, residents, clients and families to explain the proposal, answer questions and ensure those most affected were informed first.

Thank you for your continued support and understanding. We will keep you updated as the process progresses.

If you have any questions, please email us at support@scctas.org.au.

Upcoming Events

September

- 10 R U OK? Day
- 21 World Alzheimer’s Day

October

- 1 International Day of Older Persons
- 2 Burnie Show
- 8 Royal Launceston Show
- 12 World Arthritis Day
- 16 Flinders Island Show
- 22 Royal Hobart Show
- 1-31 Ageing Seniors Month

November

- 2 Recreation Day
- 14 World Diabetes Day



Thanking Our Workers

On Friday, 7 August, we celebrated Aged Care Employee Day, an annual occasion dedicated to recognising the dedication, professionalism and compassion of aged care workers across Australia.

From leaders and nurses to personal care workers, allied health professionals, volunteers, cleaners, chefs, cooks, maintenance workers, gardeners, administrators and many others, each person plays a valuable role in enriching the lives of older Australians.

Across our facilities, residents and workers came together to acknowledge and thank the remarkable people who provide care, connection and support to older Tasmanians every day.

Thank you to all our aged care employees for the difference you make and for your ongoing contribution to the comfort, wellbeing and independence of older people in our communities.





Toe-Tapping Tunes

Music filled the air at Guildford Young Grove as the Lyre Birds Singing Group delighted residents with a lively and entertaining performance.

Featuring a range of well-loved songs, the group had residents tapping their feet, singing along and enjoying the experience together.

The visit was warmly received, with residents engaging enthusiastically throughout and appreciating the opportunity to enjoy live entertainment and social connection within their home.

106 Years Young

A joyful celebration brought family, friends and the wider community together at Glenara Lakes as resident Peggy Greig celebrated her 106th birthday.

Balloons, party food and a large birthday cake helped mark the special occasion, while the Tasmania Devils surprised Peggy with a club membership.

The milestone even gained national attention, with Peggy featuring on Pulse Tasmania and on Channel 7 news.





Alpaca Lot of Fun

Rosie the alpaca added a touch of country charm to Sandown Apartments during a memorable visit.

Residents enjoyed spending time with their furry guest, while sharing stories about family pets, farming life and fond childhood memories.

Rosie's visit encouraged conversation, connection and plenty of cuddles, making for a heartwarming afternoon.

Hands-On Creativity

As part of St Andrew's Memory Support Unit's Montessori approach, residents recently rolled up their sleeves with a hands-on sculpting project, shaping rocks for the home's new forest display.

The activity encouraged creativity, conversation and a sense of ownership, giving residents an active role in shaping their living environment.

Once completed, the rocks will become part of a multi-sensory forest designed to spark memories and exploration.





A Goat-tastic Visit

A special visit from some friendly goats brought plenty of laughter and heartwarming moments to Mount Esk, creating a memorable experience for residents, families and staff alike.

The excitement was evident throughout the facility, with an impressive 95% of residents joining in to pat, cuddle and spend time with the animals.

Families also shared how wonderful it was to see their loved ones enjoying themselves and connecting with the experience.

Friday Night Fever

The dance floor was buzzing at Fairway Rise as residents, families, staff and volunteers came together for a memorable Friday Night Fever celebration.

Filled with music, dancing and plenty of fun, the evening was a wonderful opportunity for everyone to connect and enjoy time together.

A special thank you goes to our dedicated staff and volunteers, whose time, energy and support helped make the event such a success.

We would also like to thank Joana and her talented dance crew, whose fantastic performance brought joy and entertainment to all who attended.

The ever-popular game of Musical Statues was another highlight, providing plenty of laughs and friendly competition for all involved.



Meet the Rx Team

We're pleased to introduce our new Resident Experience (Rx) Team: Di Webster, Lisa O'Neil, Sarah Scullion and Bec Walker.

The Rx team was created to support residents, families and prospective residents from their first enquiry through to admission and beyond.

Working across our homes statewide, the team will provide friendly guidance and help make the journey into Residential Aged Care as smooth, welcoming and positive as possible.





Quick Trip to Canada

Yaraandoo residents recently enjoyed a virtual reality experience to Canada, exploring famous landmarks, landscapes and cities from the comfort of their chairs.

One resident was particularly delighted to revisit familiar sights from her hometown of Vancouver, sharing fond memories as the tour unfolded.

Other residents also embraced the experience, with one describing it as "one thing ticked off my bucket list".

Games Day Spirit

A spirited Commonwealth Games celebration brought colour, movement and excitement to Rivulet.

Staff and residents enjoyed a lively opening ceremony featuring a dancing Scotsman, swimmers, cyclists and a weightlifter.

Facility Managers Joseph and Jemima proudly represented Kenya, impressing residents with their beautiful dancing and adding to the joyful atmosphere.





If you would like to contribute a story or pictures, please email
marketing@scctas.org.au.



Integrity



Compassion



Respect

Southern Cross Care acknowledges the Tasmanian Aboriginal Community as the traditional owners and continuing custodians of lutruwita (Tasmania) and pay our respect to Elders past, present and emerging.

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A charitable service founded by the Knights of the Southern Cross.

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